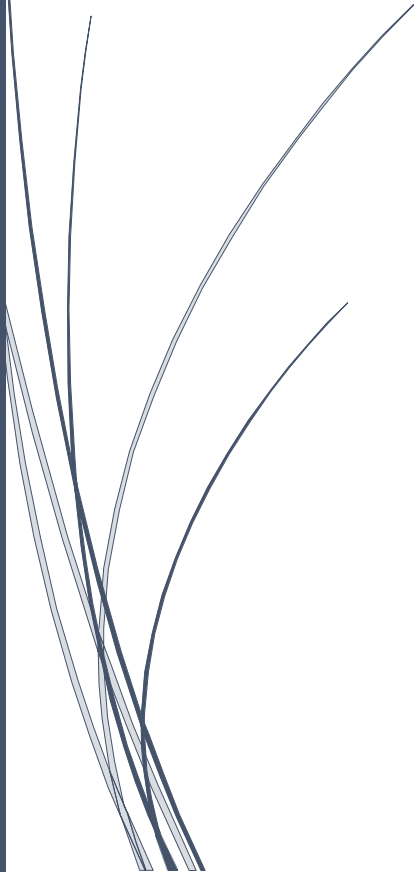




8/29/2020

Mariposa Minor Hockey

2020-2021 Return to Hockey Plan



Purpose

This plan has been generated to provide all participants with the opportunity to play and enjoy the sport of hockey while keeping everyone as safe as possible. This plan has been made following the [Hockey Canada Return to Hockey Safety Guidelines](#), [OHF Return to Hockey Framework](#), [City of Kawartha Lakes Ice Use Protocols](#) and the Haliburton, Kawartha Pine Ridge District Health Unit Guidelines. This plan will be submitted to OMHA, City of Kawartha Lakes and the HKPR Health Unit for approval.

Disclaimer

This plan is to provide direction and information for the upcoming 2020/2021 season. Rules and regulation have been outlined in this plan to help participants and coaches start their season. These items may change quickly so please monitor the website for any updates. The rules and regulations provided in this plan are not to replace common sense which should be exercised at all times and all participants should show respect towards fellow participants and their coaching staff. Further information regarding Covid can be obtained from the local Health Unit.

Covid Representative

A member of our executive has been assigned to monitor all updates and keep the membership informed of any changes during the season. A new email address has been created on our website and will be monitored by the Covid Representative. Questions can be forwarded to the Covid Representative at covidrep@mariposaminorhockey.com. In addition, each team will appoint a Team Covid Representative to conduct screening and maintain contact tracing lists. This Team Covid Representative will report to the Board Covid Representative.

Meet with Facility

A member of our executive participated in a Zoom meeting on August 3, 2020 with the City of Kawartha Lakes Recreation Manager and Facility Supervisors. During the meeting we were provided with information regarding the upcoming season ice booking and arena protocols. Since that meeting, they have provided us with their guidelines for arena traffic flow, ice use protocols that the association must follow, and the responsibilities of the association and Covid Representative. The map can be found in [Appendix 1](#) and more detailed information can be found at [City of Kawartha Lakes Ice Use Protocols](#).

Teams and Partnership with Manvers Minor Hockey Association

- Mariposa Minor Hockey Association is forming a partnership with Manvers Minor Hockey Association
- Teams will consist of 7 to 9 Players and 1 goalie.
- Bubbles of up to 5 teams, with a maximum of 50 players will be formed.
- Bubbles will include Mariposa teams and Manvers teams.
- Teams and players are only permitted to practice and play games with other teams in their bubble. There is NO Crossover between bubbles allowed.

Responsibilities Specific to Practices

- There is to be a Team Covid Representative present at all ice times. This person does not go out on the ice during practice and/or games.
- Coaches are required to wear their mask at all times unless they are on the ice. (no exceptions)
- Coaching staff must have a practice plan that provides for social distancing at all times.

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- Coaching staff are responsible to make sure they have the necessary equipment.
 - Coaching staff are responsible to make sure players are maintaining social distancing on the ice.
 - Coaching staff need to maintain cones or markers showing players how to social distance.
 - Coaches need to be aware of signs a player may be unwell.
 - Coaching staff are required to have players off at the exact time allocated to prevent too many players in the building (max 25 people on the ice at one time which includes players and coaches)
 - Two teams in the same bubble may practice together

Responsibilities Specific to Games

- Teams are only permitted to play games against other teams in their 'bubble.'
- There will be no crossover between different bubbles
- Teams within a 'bubble' may share goalies
- Each coach is responsible for ensuring that they follow the appropriate OMHA Pathways for their age group

Arrival at Facility

- Masks must be worn in the facility, except on the ice
- Players and coaches may enter the arena no more than 10 minutes prior to contracted ice time
- There are no dressing Rooms - players are to enter arena with equipment on; Skates and helmets can be put on in the arena
- Skates and helmets can be brought in a small bag – no hockey bags.
- You are required to answer covid screening questions prior to entry. This will need to be complete every time you enter the arena.
 - The screening is to be completed [online at MMHA website](#)
 - This can be completed up to 2 hours prior to your ice time
- The Team Covid Representative will ensure that everyone has answered the screening questions and complete the Contact Tracing form.
- For participants 10 years of age or younger, one parent/assistant can enter the facility to help put on/remove skates and helmets; this person must also complete the Covid screening questions and be recorded on the contact tracing form
- Masks must be worn and hands sanitized before entry into the arena
- Upon entering the arena, you will follow the arrows to the designated area to put on skates and helmet on East side of ice pad
- Masks must be worn until the players go on the ice
- Players will bring their bags and shoes with them when they go on the ice, and will skate them across and place them in the designated area on the west side of the ice pad.

The City of Kawartha Lakes is currently in Phase 1 of their arena use protocol. Further information can be found at <https://www.kawarthalakes>

Hygiene Requirements

- Wash hands often with soap and water for at least 20 seconds
- Wash hands after using the restroom
- Use alcohol-based hand sanitizer if soap and water are not available
- Each player must use their own water bottle that they bring; team will not supply water bottles
- No handshakes
- Wash equipment often

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- Spitting and blowing the nose without a tissue is forbidden
 - No outside food or drink is allowed in the arena, other than a water bottle
 - Avoid touching the eyes, nose, or mouth with unwashed hands.
 - When coughing or sneezing:
 - Cough or sneeze into a tissue or the bend of the arm, not the hand.
 - Dispose of any used tissues as soon as possible in a lined waste basket and wash hands.

Further information can be found at [Hockey Canada Return to Hockey Safety Guidelines](#), and [City of Kawartha Lakes Ice Use Protocols](#)

Physical Distancing in the Facility and on the Ice

Everyone must maintain physical distancing while in the facility. This includes coaches and players; on and off the ice and on the bench; and spectators when permitted.

- Coaches must plan practices to maintain physical distancing
- The Team Covid Representative must ensure that all participants (and parents of players under 10) maintain physical distancing when they enter the arena
- Coaches must ensure players maintain physical distancing on the ice during practice and on the bench during games
- There will only be 1 coach and 1 trainer permitted on the bench during games to ensure physical distancing
- Coaches and/or the Team Covid Representative must notify the MMHA Executive of any non-compliance; there will be ZERO tolerance for any player, parent, coach or bench staff that does not follow the rules

Dressing Rooms and Showers

- At this point there will be no dressing rooms available for dressing or undressing.
- One dressing room will be open for restroom purposes only.
- This restroom will be for participants use only.
- There will be no showers available.

Parents and Guardians

- Attend the Parent Meeting before your child's first ice time
- Do not bring your child to hockey if they are ill
- Notify your Team Covid Representative if your player is ill
- At this point spectators are not permitted. The only person permitted off the ice during the ice rental is the user group's COVID-19 representative.
- For participants 10 years of age and younger one parent/assistant can enter the facility to help put on/remove skates and helmet.
- This person must wear a mask at all times.
- This person must answer the covid screening questions and be recorded on the Contact Tracing Sheet
- The screening is to be completed [online at MMHA website](#)
- This can be completed up to 2 hours prior to your ice time
- This person must leave the arena immediately after tying the skates/helmet by following the direction arrows; they will leave via the same exit the players will use (West side of arena)

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- This same person will be permitted to reenter the arena after the contracted ice to help remove skates/helmet
 - Remember that our players love hockey and we need to make it as enjoyable as possible while following all the necessary protocols.

Departure from Facility

- Players must depart the arena no later than 10 minutes after their contracted ice time.
- Players will remove their skates and helmets only. Players are not allowed to completely undress in the arena.
- As soon as players remove their helmet, they will put on their masks.
- Everyone will exit the ice on the west side of the arena as per the map in Appendix 1.
- The Team Covid Representative will ensure that all participants maintain physical distancing when departing the arena
- players must check out with the team's Covid representative. It is extremely important that you check out with the team's Covid representative

Procedure if Participant is Sick

- Contact the Team Covid Representative
- Player and parent will be advised to contact Local Public Health Unit and/or Physician
- Player will need a note from a doctor to return to play

If a Player Becomes Sick At the Arena:

- If player becomes sick while at the facility they will advise their coaching staff and Team Covid Representative immediately
- The player must leave the ice immediately and put on their mask
- The Team Covid Representative must contact the parent
- The player will be escorted out of the arena immediately
- The player or their parent must contact their doctor or public health unit for guidance
- Player will need a note from a doctor to return to play

If a Player Is Confirmed to have Covid

- Immediate removal from hockey even if no symptoms are present
- Immediate removal of family members from hockey even if no symptoms are present
- Advise parents/players to contact local public health unit and give consent for MMHA to contact the health unit. MMHA cannot contact the HKPR health unit without parent/guardian consent
- Be discrete and never disclose sick person's name
- Players and team will follow advise of local health unit
- Team Covid Representative will provide contract tracing sheets to the Health Unit
- Player will need a note from a doctor to return to play

Parent Meeting

The MMHA Covid Representative will meet with parents in the parking lot before their child's first ice time to discuss the following:

- Overview of MMHA, OMHA, Hockey Canada, CKL and HKPR Health Unit Expectations

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- Steps we have taken to keep players safe including the need for Completion of the screening questions every time they attend the ice time
 - Reminder of MMHA and OMHA Code of Conducts and to Please be positive, patient and flexible

Screening and Tracing

- All participants/coaches/ are expected to complete Health Screening prior to each participation in on ice activity. The questions can be found at [screening questionnaire](#)
- The screening can be completed [online at MMHA website](#)
- The screening questions can be completed up to 2 hours prior to your contracted ice time
- you must complete the questions prior to every on ice session
- if you are on the ice or in the arena more than one time in a day, you need to complete the questions each time
- The Team Covid Representative will prepare a [contact tracing](#) list for each ice session. The contact tracing list must include all individuals on the ice for each ice session.
- The Team Covid Representative will keep these contact tracing lists for 30 days
- The Team Covid Representative will provide the contact tracing lists to the City of Kawartha Lakes and/or HKPR Health Unit if requested for contact tracing

Little Britain Community Centre ARENA TRAFFIC FLOW

Phase 1 (no spectators)

Drop-off/Pick-up only. Unless 10 & under assisted drop-off/pick-up. Please follow traffic flow, wear a mask/face covering at all times.

